

SDRC Residency Overview

Introduction to the Affiliate Practitioner Program

The San Diego Rolwing Center is a professional center for Rolwing and Structural Integration. More than a collection of treatment rooms, SDRC is a place where serious practitioners can work, learn, develop their practices, and participate in a community devoted to embodied education, structural change, and the long-term development of skilled touch.

The center provides an established setting in which practitioners can meet with their clients, participate in shared professional life, and develop the practical capacities required to sustain independent practice. For newer practitioners, this setting can make the difference in meaningful transition from completing training to becoming established in the field.

The Affiliate Practitioner Program was created to support that transition. It offers developing practitioners access to professional space, community, practical guidance, and a path toward growing an independent practice while allowing them to begin taking responsibility for the real conditions of professional life from the outset.

The Goal of the Affiliate Practitioner Program

The goal of the SDRC Affiliate Practitioner Program is to support practitioners as they define and establish successful, independent Rolwing practices. The program offers a structured period of professional affiliation in which practitioners can develop the practical judgment, professional capacity, and therapeutic confidence required to take full responsibility for a practice of their own.

Clinical ability is only one part of that preparation. Sustainable practice also requires reliability, sound judgment, professional communication, business administration, the ability to develop and sustain meaningful client relationships, financial responsibility, and the capacity to make decisions without continual outside direction. Affiliate Practitioners are therefore expected to participate actively in building and operating their practices from the beginning, within the established structure and professional community of SDRC.

SDRC provides treatment space, community, professional affiliation, practical guidance, and an environment in which practitioners can explore and develop these capacities with the support of experienced practitioners. Over time, Affiliate Practitioners assume

increasing responsibility for the direction and operation of their practices. The program gives them room to encounter the ordinary successes, difficulties, and decisions of professional life while developing the judgment and confidence to meet them on their own.

The Structure of the Affiliate Practitioner Program

- Affiliate Practitioners begin developing their practices and working with clients upon entering the program. Their caseloads are expected to grow over time as they develop their skills, endurance, client relationships, and clearer sense of their practice.
- SDRC provides access to professional treatment space, community, practical guidance, and an established setting in which independent practices can develop.
- Each Affiliate Practitioner receives individualized guidance shaped by the needs of the practitioner and the development of the practice. Areas of focus may include clinical work, client relationships, professional judgment, business administration, marketing, communication, and practice development.
- Affiliate Practitioners participate in regular group meetings that combine seminar discussion, clinical reflection, case discussion, and practical examination of building and sustaining a professional practice. These meetings allow practitioners to learn from one another as well as from established practitioners.
- The program serves as an interim period of incubation and comprehensive learning about how to build and sustain a professional livelihood. Affiliate Practitioners gain direct experience with the interconnected clinical, relational, administrative, and financial elements required to make that livelihood function as a whole.
- The program is oriented toward the eventual establishment of an independent practice. The anticipated period of affiliation is approximately 18 to 24 months, with the timing of each practitioner's transition shaped by the development of the practitioner and the practice.

Who the Program Is For

The Affiliate Practitioner Program at SDRC is created for practitioners who are serious about establishing a self-sustaining practice. It is intended for recently certified Rolfers and Structural Integration practitioners in particular: those who have completed formal training and need a professional setting in which to refine their work, build client

relationships, and learn the practical demands of professional life in a safe and stable environment.

The program is best suited to practitioners who are reliable, emotionally mature, curious, self-directed, and willing to participate in the professional life of the center. Clinical skill matters, but the ability to communicate clearly, maintain commitments, receive guidance, develop sound judgment, and take responsibility for one's own practice matters just as much.

SDRC is not simply a room-rental facility. Affiliate Practitioners are independent professionals and members of the SDRC community. The program is meant for people who want to grow in proximity to other serious practitioners, contribute to the shared life of the center, and eventually carry that maturity into an independent practice of their own.

Affiliate Practitioner Professional Status

The Affiliate Practitioner Program is designed to give practitioners the opportunity to establish the foundations of future independent practices while working within the professional setting of SDRC. This process begins with a number of practical steps that each practitioner must undertake personally. SDRC can provide guidance and help practitioners understand what is required, while the responsibility for completing and maintaining these arrangements remains with the practitioner.

Before beginning work with clients at SDRC, Affiliate Practitioners must have established the essential qualifications and systems required to practice, including:

- current CAMTC certification, or acceptable evidence that certification is in progress;
- professional liability insurance;
- an individual scheduling system;
- and the ability to accept card payments through a selected payment-processing provider and a compatible device linked to a smartphone.

Affiliate Practitioners may choose the scheduling software that best suits their needs, provided that it offers a public booking link that can be incorporated into the SDRC website and integrates with Google Calendar. SDRC may provide guidance in selecting and setting up appropriate scheduling software.

Affiliate Practitioners are responsible for selecting and maintaining their own payment-processing service. SDRC will discuss available options and provide practical assistance as needed in choosing an appropriate provider and setting up the necessary equipment.

As their practices develop, Affiliate Practitioners establish and maintain the administrative systems necessary to operate independently. These include business registration, client documentation, session records, financial recordkeeping, tax reporting, and other ordinary responsibilities of professional practice. SDRC may provide practical instruction in these areas, including seminars directed toward the needs of sole proprietors and limited liability companies.

Clients pay Affiliate Practitioners directly for the services they provide. Each practitioner remains responsible for the financial administration of their practice, the professional decisions they make, and the services they provide.

Affiliate Practitioners may practice outside SDRC while maintaining the room-use commitments, scheduling responsibilities, and standards of participation agreed upon with the center. SDRC administers the center environment, room access, public presentation, and shared systems through which practitioners participate in the life of the center.

What SDRC Provides

SDRC provides the setting, resources, and professional support within which Affiliate Practitioners can establish and develop their practices.

Affiliate Practitioners are given an active and visible place within the center and its professional activities. This may include:

- access to an equipped professional treatment room during agreed room-use periods;
- access to a private consultation room for intake, follow-up conversations, and other meetings with clients outside the treatment room;
- a professional biography and direct booking link on the SDRC website;
- inclusion in advertising undertaken on behalf of the center;
- referrals from inquiries received by SDRC and from the director's overflow;
- access to a network of bodyworkers and related professionals through which practitioners can develop relationships, referrals, and collaborative opportunities;

- assistance in planning and carrying out their own outreach activities;
- individualized clinical, professional, and business guidance;
- regular seminars, case discussions, and Affiliate Practitioner meetings;
- participation in the broader community and activities of the center;
- and assistance in preparing for the eventual transition to an independent location.

SDRC will actively connect Affiliate Practitioners with prospective clients and support the development of their practices through advertising, referrals, online presence, professional relationships, and practical guidance. The practitioner's own participation remains an essential part of that development, particularly through availability, client relationships, outreach, and sustained engagement with the opportunities the center provides.

Participation in the SDRC Community

Affiliate Practitioners are independent professionals, but the Affiliate Practitioner Program is intended for practitioners who want to participate in the professional, educational, and collegial life of the center. Beyond the affiliates and the director, SDRC is home to a professional somatic therapies group, hosts outside guest speakers, and facilitates seminars on topics relevant to the field.

Participation in the SDRC community includes regularly scheduled opportunities for discussion, case reflection, clinical inquiry, practical business learning, and shared consideration of what it means to build and sustain a professional practice. Affiliate Practitioners are expected to bring their questions, experiences, and developing judgment into this shared environment.

This community life is an important part of the program. It allows practitioners to learn in proximity to others, receive guidance without losing independence, and develop the habits of reflection, responsibility, and professional communication that support mature practice.

Pathway Toward Independent Practice

The Affiliate Practitioner Program is oriented toward the development of independent practitioners who can sustain their own businesses while remaining connected to the professional community and field at large. The program exists to create a pathway through which developing practitioners can become established, self-directed, and professionally grounded. In this sense, the pathway is the center's process; the independent and

successful bodywork practitioner is the center's intended product. SDRC's aim is not to keep practitioners dependent upon the center, but to help them develop the judgment, confidence, relationships, and practical capacity needed to launch.

Affiliate Practitioners are expected to establish the basic apparatus of independent practice early in their time at SDRC. This includes professional certification, liability insurance, scheduling software, payment processing, client documentation, financial recordkeeping, business registration, and an understanding of the options for business and financial organization. Learning to use these systems with confidence is part of the program itself.

As practitioners develop, the focus of the program gradually shifts from beginning practice within the support of the center toward preparation for a mature independent business location. This process may include guidance around pricing, client communication, professional presentation, business structure, referral relationships, website development, and the practical and material steps associated with opening an office. When desired, SDRC may also assist practitioners in identifying or evaluating appropriate spaces as they prepare to move beyond the center.

The expected time to launch is approximately 18 to 24 months, though the timing will depend on the development of the practitioner, the maturity of the practice, and the practitioner's own sense of readiness. This guideline is intended to give shape to the program without making the path rigid. Each Affiliate Practitioner will determine the length of affiliation that best supports their growth, stability, and preparation for independent practice.

SDRC will support this transition openly. Clients who develop relationships with an Affiliate Practitioner are free to continue working with that practitioner after the practitioner leaves the center. SDRC will not interfere with the practitioner's movement toward independence. The relationships formed at the center with clients, colleagues, mentors, and the broader professional community are intended to accompany practitioners as they move forward.

Leaving the Affiliate Practitioner Program to establish an independent practice is therefore understood as a success of the program, not a loss to the center. The goal is for practitioners to move forward with real clinical experience, sound business habits, meaningful professional relationships, and the confidence to establish and sustain a practice of their own.

Inquiries and Next Steps

Practitioners who are interested in the Affiliate Practitioner Program are invited to contact SDRC for an initial conversation. The purpose of this conversation is to learn more about the practitioner, answer questions about the center, and determine whether the program may be a good fit.

A formal application process may include discussion of the practitioner's training, professional goals, current certification status, readiness for independent practice, and interest in participating in the SDRC community. Applicants may also be invited to visit the center, meet with the director, and discuss the practical expectations of affiliation. Virtual meetings are also welcome if travel is unreasonable or infeasible.

The Affiliate Practitioner Program is intended for a small number of serious practitioners whose goals, maturity, and professional direction align with the purpose of the center. Admission is therefore based not only on availability of space, but on the likelihood that the practitioner will benefit from the program and contribute meaningfully to the life of SDRC.

Interested practitioners may begin by contacting SDRC to schedule an introductory conversation.